

SERMON DISCUSSION GUIDE:

October 26, 2025

Series: Anchored, a study in Ephesians

Title: Being Made New

Passage: Ephesians 4:17-5:2

Read: Ephesians 4:17-19

- What is the ignorance of the Gentiles due to? How can ignorance still lead to “doing good things” and what are examples of how it leads to evil?
- According to these verses, what does “hardening of our hearts” do? See verse 19 for specifics. How would you put that in your own words?
- Why even as followers of Jesus is it so easy to slip back into reasoning and thinking like those who are not Christians?

Read Ephesians 4:20-24

- What does this section assume about a follower of Jesus? (that we are learners) What are some of the earliest things you remember being taught about Jesus? What are things within the last month that you have learned or been reminded of? Why is viewing our walk with Jesus as one of constant learning important?
- What are we to “put off” and “put on?” What is the point?

Read Ephesians 4:25-5:2

- Which one of these statements of what we are to “put on” or “put off” stand out to you? Why?
- When is it hardest to live like it is described here?
- After the list of things we are to do, Ephesians 5:1 says we are “dearly loved children.” Why is that important to remember through this?

- Sunday, it was said that instead of using our willpower to just muscle through right behavior, we can use our willpower to talk to God and then out of that experience of God’s love see the right behavior take place. How would you put that in your own words? When do you need to do that practically this week?